Use the properties of exponents to simplify $\frac{x^{10}(x^{-5}y)^2}{7zy^2}$.

$$\frac{x^{10}(x^{-5}y)^2}{7zy^2} = \frac{x^{10}(x^{-10}y^2)}{7zy^2} \qquad (ab)^n = a^nb^n \ and \ (a^m)^n = a^{mn}$$

$$= \frac{x^0 y^2}{7zy^2} = \frac{y^2}{7zy^2}$$

$$=\frac{1}{7z}$$